

The East Valley Kicker

“He who conquers himself is the mightiest warrior.” –Confucius

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

JANUARY 2010

Welcome

- Wyatt Patterson (Kids)
- Petra Showers (Adults)

WEAPONS

In order to learn weapons, you are required to purchase the weapons you want to learn. This is a matter of both courtesy and practicality. This means at a bare minimum, you must bring your own bo when you come to weapons class. You are responsible for having your own weapons to participate in the weapons program.

CARNIVAL NIGHT 1/22, 7pm

GAMES! FOOD! FUN!
PRIZES! Our annual Carnival Night is spectacularly great! It's the bees' knees! It's only \$15 per child (\$10 if you pre-pay), and includes a night of fun with lots of games to earn tickets for prizes & contests, face-painting, animal balloons, open mike, and a fortune teller. Invite your family and friends! CARNIES NEEDED! We need teen & adult volunteers to help with the event, and food donations. Sign up at the dojo.

A Dozen Secrets Your Karate Teacher Won't Tell You

by Anonymous Instructors

1) I am extremely excited to see new students in class because I see the unlimited potential in you and can't wait to get to know you and watch you grow in martial arts.

2) It breaks my heart to see a student quit. I wonder for a long time what I could have done differently to keep them at the dojo and benefiting from training.

3) Though I have a general idea beforehand, I usually don't cement my class activity plan until we line up and I see who's there—that way I can tailor each class to the students' needs. (That's why I look cross when you're late.)

4) I would rather have you show up late than not see you at all.

5) I like karate parents to watch classes so they can see the value they're getting, and they can reinforce the teachings at home.

6) It is highly distracting to me and my teaching when observers talk, coach, or yell to students or teachers

during class. It is my job to take care of problems during class. However, if I'm missing an *immediate safety issue*, feel free to intervene.

7) I am not a babysitter. Please bring your kids to the dojo no more than 15 minutes outside of class times and make sure they are on best behavior and they clean up after themselves.

8) I think a dojo janitor is a great idea, but instead the dojo puts the priority on keeping dues low so that more students can have a karate lifestyle, so please help keep the place clean.

9) I have many years of experience and professional training, however, I am not making money at this. I do what I do out of love and passion for the art.

10) I believe our dojo can be financially stable and profitable because it offers a top-notch, priceless service, but it needs you to help spread the word to family, friends, co-workers, neighbors - everyone!

11) What I get out of teaching and being a



part of this dojo helps me grow personally, professionally, spiritually and emotionally, more than you imagine.

12) You can talk to me about anything. I really do care about each one of my students, and your well-being. I may have been where you are now, and even if I haven't, I may be able to help.

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Okay, now that we've spilled the beans, it's your turn! What are the secrets karate students don't tell? What don't you tell your teacher or your kid's teacher? What don't you tell your dojomates? You can e-mail your answers to info@evma.net (subject: secrets), or put a hard copy in the comment box - remain anonymous if you wish.

January 2010



SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p>ALL NEW SAI's 10% OFF DURING THE MONTH OF JANUARY Order your preferred color & size by Fri. Jan. 22 to get them by the end of the month. (Black Belt Club members get an additional 10% off Century orders) Expires 1/30.</p>					1	2
3	4	5	6 Regular classes resume	7	8 Used Gear Sale begins 6p (gis, weapons, & other gear).	9 Glen's Birthday	
10	11	12	13	14 Teen Meeting 6:15pm.	15 BBC for Members only 7:10pm.	16 Instructors Meeting 9:05a, (h.w.: read ch. 4 Believe It's Possible)	
17	18 No classes, Martin Luther King Day	19	20	21 Last day to pre-pay Carnival night for \$10 & get discount..	22 Carnival Night 7-10pm, \$15 per child. Last day to place orders.	23 Kamiza Ceremony 7p*, (BBs & families @ 6p) bring food. Tony's Birthday	
24	25 Sammy's B-day	26	27 Michaela's B-day	28	29	30 Certs & Testing 9:05a* (no 9:05a class, no weapons) Sale ends.	
31	1 (Feb.) Yoga Light-Series during Feb. Yoga	<p>Yoga Light-Series Feb. 1st-27th Mon. 8-9am (except 2/18), Wed. 8-9am, & Sat. 1-2pm Shed a little light on your health! Yoga reduces stress and renews focus as well as relieving tension and promoting circulation. During this series our relaxations will focus on light, and each class attended will earn you a bead for your "string of light."</p>					* = wear full formal gi.