

The East Valley Kicker

"Shikinoo, chi shijji, shiru, kurasu. - One cannot live in this world without the support of others." - Okinawan Proverb

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

MAY 2008

Welcome

- Braden Brennemen-kids
- Rich Muirhead-adults

Porter Demo Team

Many thanks and congratulations go to those who demonstrated last month - many students did this for the first time ever. You all did a great job & our dojo made a strong impression!!

Thanks

We are grateful to the Baldi and Vickers families for printing color flyers for our Open House.

Karate Summer Camp in Missouri

Kaicho's camp at headquarters will be June 6, 7 & 8. It is like the Spring Camp we held in March but on a larger scale. See www.ryubeikan.org.

Karate Summer Day Camp Here

For one week in July we will hold a Monday thru Friday Day Camp for our Karate kids. We are looking for adult and teen students to help with this.

Get the Word Out! Free Karate Open House

First the bad news: Summer is typically a difficult time for the dojo - students move and rarely start karate in the summer. Add in the dojo landlord's rising maintenance charges and the fact that we've had very few new students this year and you can see that our dojo is struggling financially. Spring Camp helped a lot, but not quite enough to bring us current.

Now for the good news: Together we can do something about it! The solution we see is to recruit new students. So far we have had lots of support

from a few families and I have to commend Dylan Vickers for his participation and many great ideas in April's Get the Word Out meeting.

The bottom line is we need your referrals and networking to tell anyone and everyone you come across about our great traditional karate program. Let kids know it's lots of fun. Tell parents it's awesome for teaching their kids respect and fitness. Tell adults it's fun exercise and great for practical self defense. The sooner they start the more they will benefit and the stronger our dojo will be.



One plan to help us all get the word out is our free Open House (actually two of them - Sat. May 10 and 17). You can help by: inviting as many people as possible; passing out flyers; putting posters on community bulletin boards; attending classes those days; demonstrating and bringing your positive, friendly energy. Also bring a mom to karate on the 10th at 11:20am. If we all lend a hand we'll help everyone involved and we'll have fun too! :)

Fit Camp Review by Jenifer Tull-Gauger

Fit Camp has been going on Tuesday nights from 6:30 to 7:20pm for adults, and if you haven't been there you're missing out! Here are some of the things the attendees say: "It's nice to have the camaraderie and have fun

with people you've known for a while." "Gauger Shihan's encouragement really helps me do my best." "I saw results after only three weeks." For me it helps take my fitness up a level, improves my mood, and gives me more


muscle tone - especially abs and arms. I have learned how the resistance training or weight-bearing exercise we do helps prevent osteoporosis & burns calories (that's ongoing!). It's fun! It's inexpensive! It's healthy! Join us!!!

May 2008



KENSHIN KAN EVENTS

SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>← Porter Demo Practice: Joe, Toni, Griffin, Dylan, Matt E, Mr. Tefft, Andrew, Matt A, Adam, Sheila, Alex, Ryan, James, Jackie, Braden, T-G Shihan & Priya</p>	<p>Weapon: Nunchaku</p>	1	2	<p>3 Car Wash 8a-12n. Summer Camp Tuition Raffle & Essay Contest Deadline 12:05pm.</p>
4	5	<p>6 Students (in uniform) & Parents meet at dojo at 4:45p to pass out flyers in neighborhood.</p>	<p>7 Josiah Hoffman's Birthday</p>	<p>8 Last Day to Pre-pay Japan's Children's Day Celebration for only \$15.</p>	<p>9 Japan's Children's Day 7-10p, \$20 inc. snack, drink, Asian bowl, chopsticks, fun!</p>	<p>10 Open House, All Classes Free to Public, Bring a Mom 11:20a, Demo 12:15p.</p>
<p>11 Mother's Day</p>	12	13	14	<p>15 Last Day to Place Century Orders. Early Registration Deadline for MO Summer Camp.</p>	16	<p>17 Open House, All Classes Free to Public, Demo 12:15p, & Your Japanese Name</p>
<p>18 Youth Summer Safety Seminar @ Unity Church of Mesa, age 5-18. Joe Schiessl's B-Day.</p>	19	20	21	<p>22 Teen Meeting 5:50p, bring 1 or 2 servings of your favorite candy to share (optional).</p>	23	<p>24 Test & Certificate Ceremony 1p, wear full white uniform.</p>
25	<p>26 Dojo Closed, No Classes for Memorial Day</p>	27	28	29	30 BBC 7p.	<p>31 Car Wash 8a-12n. Women Self Defense 2-3:30p @ Scottsdale Bible Chrch. LaBorde's B-Day</p>