

The East Valley Kicker



“With self-discipline most anything is possible.” -Theodore Roosevelt

1829 S. Horne Ave. Ste. 8, Mesa, AZ 85204 www.EVMA.net Dojo Ph: (480) 892-4240, Renshis' Cell: (480) 330-8886

MAY 2014

Welcome

- Jesse Kootswatewa (Kids)
- Turia Ostling (Adults)

HQ SUMMER KARATE CAMP

Allan Amor Kaicho will host the URKA Summer Camp in Missouri on June 6, 7 and 8. Camp goes from Friday afternoon until Sunday afternoon, with training in empty-hand kata, weapons, and more. Meals from Saturday breakfast thru Sunday lunch are included, as well as a camp t-shirt. We highly encourage participation!



The East Valley Kicker is provided courtesy of East Valley Martial Arts—Kenshin Kan

Head Instructors:

- Kirk Gauger, Renshi, 5th Dan & Jenifer Tull-Gauger, Renshi, 5th Dan

WE ARE EAST VALLEY MARTIAL ARTS

(Part 2—continued from Jan. 2014 Kicker.) By Jenifer Tull-Gauger

Our dojo, East Valley Martial Arts—Kenshin Kan, is extremely fortunate to have several black belt instructors who work together as one leadership team. However, it can be difficult for students and their parents to remember the names that go with the faces and to get to know them as well. Thus, here is a little more about us:



Brian Tefft Shihan

Brian Tefft Shihan was first introduced to martial arts with Taekwondo when he was a kid. Since then he has become a husband and father, a computer expert, and a teacher of teachers in Traditional Okinawan Karate. He enjoys traveling to Spain with his family. Because of his varied skills, Tefft Sensei was

the one who represented our dojo on the news this year. Mr. Tefft also enjoys working toward his pilot's license, listening to 80's music, and watching comedy movies.

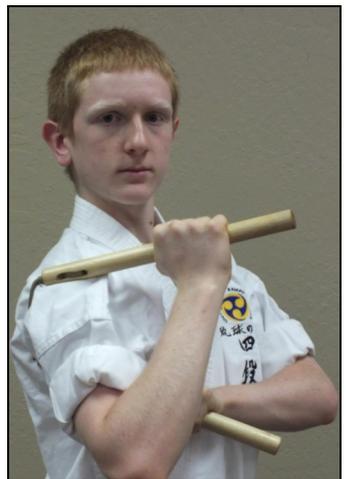


Matthew Barr Sensei

Matthew Barr Sensei started training with us when he was about eight years old. Now he is a student at Mesa Community College, and training to teach his own karate classes. Barr Sensei enjoys video game design and architecture classes. He is a music buff, especially when it comes to heavy metal. Mr. Barr is a hard metal vocalist. He is also a great leader for his younger siblings. His family, friends, and dojo mates agree that hanging out with Barr Sensei is a lot of fun.

Though a few years younger

than Mr. Barr, Skylar Speiser Sensei also started karate with us at about eight years old. He is an empathetic people person, and will do well in the medical field which he is entering. Speiser Sensei is also focused on healthy eating and exercise as ways to a better lifestyle. Mr. Speiser is set to graduate from high school this month. Then he will go off to more schooling and training as one of the Army's newest recruits.



Skylar Speiser Sensei

SUMMER SCHEDULE

We will have a couple of small changes in the class schedule this summer, starting June 1st and continuing for the months of June, July, and the first part of August:

- The Tuesday morning 9:30am-10:20am class will be mixed, for kids & adults.
- The Thursday morning 9:30am Karate & 10:30am Yoga classes will not take place over the summer.

MAY WEAPON: **Nunchaku**
 (for June: Sai),
 FOCUS: **Self-Discipline**



May 2014

RENSHIS' CELL: (480) 330-8886

NEW Sai or Kama
10% off

In-stock or order by Thurs. 5/22

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Certificate Ceremony & Test takes place the last Saturday of each month, except holidays. There will be no 10:10am or 11:10am classes then; All Ranks are welcome to come to class at 9:10am that day and train separate from Black Belts.</p> 				1	2	3
4	5	6	7	8	9	10 Bring a Mom to Karate 11:10am, free.
11 <i>Mother's Day</i>	12	13	14	15	16	17 Black Belt Club for BBC members 9:10 to 10am
18	19	20	21 Dojo Closed, no classes. Join us for Griffin's graduation.	22 Last day to place Century orders for this month.	23	24 No Classes, Dojo Closed for Memorial Day weekend
25	26 No Classes, Dojo Closed for Memorial Day	27 Regular schedule resumes.	28	29	30	31 Class at 9:10am only. Certificates* & Test* 10:10a. * = Wear full formal gi / uniform.