



# The East Valley Kicker

“A good moral character is the first essential. It is highly important not only to be learned but to be virtuous.” - George Washington

Mesa, AZ [www.EVMA.net](http://www.EVMA.net) Renshi's Cell: (480) 330-8886

**JUNE 2020**

## **DOJO GRATITUDE**

We had a lot of help with packing up the dojo and uninstalling the mat. Thank you to all of our students and parents who were able to lend a hand. We got A LOT done in one day! We held our last class at the Horne Mesa dojo and trained hard as we will continue to do outside of this location. We left the space empty, but it and we were full of gratitude and respect for all of the service it provided to each of us and many others over the years. A lot of kids and adults grew there over the years. We look forward to continuing each of our personal growth through karate. As, after all, each of us holds our karate in our hearts.

***The East Valley Kicker is provided courtesy of East Valley Martial Arts—Kenshin Kan***

Head Instructors:  
Kirk Gauger,  
Renshi, 6th Dan &  
Jenifer Tull-Gauger,  
Renshi, 6th Dan

## **Benefits of Private Karate Training**

by Jenifer Tull-Gauger

Gauger Renshi and I started karate at a dedicated dojo location that was geared toward constantly growing in ranks. We ended up taking over our instructor's program and teaching in much the same model for over 18 years. Now we are moving into private karate training.

We feel like we are setting out into exciting, uncharted territory. But in reality, there are many instructors who use a private training approach. In the United Ryukyu Kempo Alliance, alone, we know a lot who do this. There are many benefits to both the instructor and the student in private martial arts training. Here are some of them.

1. More time focused on the training and advancement of each student, as opposed to attracting and finding new students.

2. More energy and a synergistic small group with a lot of higher ranks who all train together, setting a good example for the lower ranks.

3. Mostly the same people training together in class, so you get to know your dojo mates better.

4. In our case, we will be training in different locations throughout the year, so it will be good training for life protection situations. We will train on a variety of surfaces, in different lighting, both indoors and outside, sometimes barefoot and sometimes with shoes. By using a variety of surroundings, we will be better equipped to react to problems in real life (which has a wide variety of locals and scenarios).

5. Lower prices as the overhead from a dedicated space is more than renting solely for time used (depending on how

much time is used in the shared space).

When we visited Okinawa, we rarely saw any dedicated dojo locations. They mostly have traditional karate there, but it is typically taught in rented, borrowed and shared space. Our students have the added benefit of Gauger Renshi's and my decades of experience, not to mention the additional decades of training that our other core leaders have put in. An added benefit to doing private martial arts training with instructors who have experience in running a dedicated location is the professionalism that they will have in their systems and practices.

We have a dedicated core group of students. They take their karate training seriously. We look forward to leading our students in this new training adventure.

JUNE WEAPON: *Nunchaku*,  
*Chizikunbo*  
 (Jul: Kama, Tan Bo)  
 FOCUS: *Moral Character*



# June 2020

RENSHI'S CELL: (480) 330-8886



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 New private martial arts training schedule begins 6:30pm.	3 Online training class options continue through the end of June, same days/times.	4 First Thursday: bring your weapons (see above, left corner).	5	6
7	8	9	10	11	12	13
14	15	16	17	18 Third Thursday: bring your weapons (see above, left corner).	19	20
21	22	23	24	25	26	27 Black Belt Club for BBC members 9:30-10:30 am+. Bring your kanji notebook.
28	29	30			<p><b>This Month's Testing</b>            will take place toward the end of the month, as needed, by appointment*+.</p>	

\* = Wear full formal gi / uniform. + = Check location.