

# The East Valley Kicker

"*Na kuru nai sa.*/Don't worry, it'll work out." -Popular Okinawan Expression

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

## JULY 2008

### Welcome

- Lawrence Murillo-kids
- Varun Srinivasan-kids

### Welcome Back

- Daniel Hines-kids

## Kids' Karate Summer Day Camp -

**7/21 to 7/25, 2008**

**WHAT:** Day Camp for our Karate Kids. We will train together, play and learn about Okinawan and Japanese history as we create a small Okinawan Museum. Snacks, craft time and training including traditional Okinawan weaponry & karate will all be included.

**WHEN:** Mon. July 21 through Fri. July 25.

### AVAILABLE SESSIONS:

All Day: \$225 per child  
8:30am-5pm (bring a sack lunch).

Half Day: \$130 per child, Mornings 8:30am-12:30pm or Afternoons 1pm-5pm. Register by Thurs. 7/10 and take \$20 off.

Fun Friday, Afternoon Only, 1pm-5pm: open to all, students, non-students, siblings and friends - we will give a guided tour of our museum, play games and have a snack \$20 per child paid by 7/24 or \$30 on the 25th.

## MAKE MARTIAL ARTS A DECLARATION OF YOUR INDEPENDENCE

-Joseph Galea

For older kids, Independence Day is not the fourth of July, but rather the day they turn 18 years old! But the fact is that children start their drive toward independence at a much earlier age. Parents are sometimes reluctant to support that quest for independence because their nurturing instincts are to provide for all their children's needs. However, allowing children to develop independence leads them into situations where they can take on responsibility, which ultimately teaches them that they are accountable for their actions. In other words, when children make their own decisions, they control the end result. When they understand and respect that their actions have consequences, children's experiences will prepare them for life when they inevitably become independent from you. The more "experiences" they have, theoretically, the better prepared they will be to become independent.

In a perfect world, we let kids be independent as much as possible, give them responsibility, monitor their results,

and hold them accountable... good or bad. In reality parental influence is just one variable in a child's life. Your children are given the opportunity to make independent decisions, many times without your supervision or guidance. So how can we ensure that their learning experiences are positive? Unfortunately we can't; there is no fool-proof strategy. However, as parents and martial arts instructors, we can provide children with tools to give them the best chance for success. We believe there is no better tool than martial arts training.

Martial art training builds self confidence, which is the ultimate internal support system for children. Confident children make decisions unaffected by peer pressure. Their decisions are based on the values instilled in them, and the life lessons they have learned. In addition, confidence allows children to welcome independence rather than fear it.

As instructors, we hold students accountable in various areas, such as ar-

iving at class on time, looking neat and clean, practicing at home, and showing respect to fellow students and teachers. While some of these areas, such as transportation to class, may not be totally in the students' control, holding them accountable teaches them the importance of each area and that they are still responsible.

Parents of older children agree that it seems like "yesterday" that their kids were young and totally dependent. Time does move fast. It's important to cherish that time when children are young, but we also need to stay one step ahead of their natural tendency towards independence. We want you to know that as martial arts instructors we recognize our importance in your child's life. And together, we can pledge allegiance to the goal of helping your children prepare for the independent years ahead.



# July 2008



KENSHIN KAN EVENTS

SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Weapon: nunchaku, te no uechi</p> 		1	2	3	4 No Classes Independence Day	5 No Classes
6	7 <i>Jacquie's B-Day</i>	8	9	10 Last Day to Pre-Register for Day Camp & get \$20 off.	11 <i>Austin R's Birthday</i>	12 Last Day to Place Century Or- ders this month.
13	14	15	16 <i>Speiser Sensei's Birthday</i>	17 Teachers & Assistants Meeting 7:30pm.	18	19 BBC 9:55am (no weap- ons today), Little Dragons Testing 10:45am
20	21	22 <i>Theo's Birthday</i>	23	24 Last Day to pre-pay Fun Fri. for \$20.	25 Fun Friday 1pm - 5pm, open, \$30 per child.	26 Certificates & Testing 1pm (wear full white gi)
<div style="border: 1px solid black; padding: 5px; margin: 5px auto; width: 80%;">                     Karate Kids Okinawan Mini Museum Summer Day Camp 8:30am - 12:30pm &amp; 1pm - 5pm. See Flyer.                 </div>						
		<i>Loren's Birthday</i>				
27	28	29	30	31 <i>Austin T's Birthday</i>		