



The East Valley Kicker

“Self-control is the only possible road to character development.” - Dennis Prager

Mesa, AZ www.EVMA.net Renshi's Cell: (480) 330-8886

OCTOBER 2020

OUR KARATE TRAINING

Remember, if anyone asks about your karate training, tell them that we do “private martial arts training,” or “private karate tutoring” or “private karate lessons.” We are not open to the public, and not for casual observers to watch. But if they’re interested in seeing if we would be a good fit for them or their child, you could give them our phone number or take theirs for us to call them.

ADDRESS >>

The address for our in-person lessons is to the right of the arrows above. Please see the other tips too.

PAYMENTS

We are now accept payments by cash (in person), check (in person or by mail), or Zelle (online banking). Thank you for remembering to make your tuition payment!

The East Valley Kicker is provided courtesy of East Valley Martial Arts—Kenshin Kan

Head Instructors:
Kirk Gauger,
Kyoshi, 7th Dan &
Jenifer Tull-Gauger,
Kyoshi, 7th Dan

Private Martial Arts Training Pointers

by Jenifer Tull-Gauger

-Starting Tues. Oct. 13th, Tuesday and Thursday in-person classes at 6:30 pm will be in our backyard.

-(We are continuing with the same online classes and times Wednesday and Friday.)

-Address is 2430 E. Jerome Ave., Mesa, 85204 (red #s on house).

-Enter backyard through the RV gate on the right/ east side of the house.

-Optional Summer Uniform: dojo t-shirt and shorts that are a modest length, (at least to the student’s fingertips with arms straight down)

-Put on belts after arriving to the backyard.

-Try to avoid use of a bathroom (changing room) as much as possible. Our flighty dogs will be in the house and an owner will have to escort

you in/out, meaning a bathroom break during class takes a black belt instructor out of class.

-Bring your own water bottle. Be prepared as if you were training in the park (epi pen, allergy mask, etc).

-Help us be mindful of being good guests and good neighbors

-Parking: not in front of driveways, at least 15’ from fire hydrant.

-Make sure not littering, and maybe even pick up litter if you see it.

-Leave the plants alone (No climbing trees or pulling on/hanging off branches! Don’t eat any part of a plant or its fruit without a Kyoshi’s permission. If you want to help with pulling weeds, just ask.).

-Wear good outdoor training shoes for uneven

ground.

-As the weather cools off, feel free to bring a jacket if your gi top is not warm enough.

-In case of rain, bring your kanji pen and notebook.

-You may continue to reach us on the cell phone: 480-330-8886.

-Please do be sensitive of our privacy – don’t share the address without our permission (unless to a family member who’s helping with transportation).

-No posting pictures of our yard/house/dogs online or sharing other personal information.

-Please do not show up outside of class times without making a previous appointment.

-We appreciate you, our dedicated karate students and families!

OCT. WEAPON: **Bo/Tan Bo**
 FOCUS: **Self-Control**



October 2020

RENSHI'S CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This Month's Testing will take place toward the end of the month, as needed, by appointment*+.</p>				<p>1 First Thursday: bring your bo.</p>	<p>2 Tan bo training in the online class.</p>	<p>3</p>
4	<p>5 Fall Break this week >></p>	<p>6 No classes, dojo Fall Break</p>	<p>7 No classes, dojo Fall Break</p>	<p>8 No classes, dojo Fall Break</p>	<p>9 No classes, dojo Fall Break</p>	<p>10</p>
11	12	<p>13 In-person martial arts training lessons start in the Kyoshis' backyard, continuing from 6:30-7:30pm.</p>	14	<p>15 Third Thursday: bring your bo.</p>	<p>16 Dojo Virtual Field Trip to Hakugin-do Monument 6:35 pm on Skype, free.</p>	<p>17 BBC 10:00 am at Countryside Park at Southern and 32nd St. in Mesa: bring your bo.</p>
18	19	20	21	22	<p>23 Tan bo training in the online class.</p>	24
25	26	27	28	29	<p>30 Tan bo training in the online class.</p>	<p>31 <i>Halloween</i></p>

* = Wear full formal gi / uniform. + = Check location.