

# THE EAST VALLEY KICKER

“Remember who you knew you were when you were a child.” –Taro Gold

## NOTES & TIDBITS

Students, it is very important to remember to bring your mouthpiece, and, for males, to wear your cup and supporter *to every class!*

Bring your family and join the fun this Saturday, Dec. 6<sup>th</sup> at the Dojo Holiday Potluck at 6:00p.m. Directions and a sign up sheet are at the Karate corner.

Start thinking about your goals for 2004! We will be taking some time for everyone to fill out goal sheets for the New Year. Think about what you would like to achieve in Karate, in school or your career, and in other areas of your life. Think about goals for 2004, and farther down the road if you can think of long-term goals. Parents of Little Dragons, we will need your help in filling out Little Dragons goal sheets in some classes this month.

For the holidays, the dojo will be closed on December 24, 25, 31, and on January 1. Feel free to make up classes any time this month. For those in advanced weapons, make up classes are on Friday Dec. 26 and Jan. 2 at 6:30 p.m.

This is the last month for the best sparring gear sale of the year, Century's Sparring Combo Deal. For \$84.99 plus tax, you get all the sparring gear you need: headgear, boots, gloves, a mouthpiece, a mouthpiece case, and a mesh gear bag. (The normal price of just the headgear, boots and gloves is \$105.97 plus tax.) Remember, ordering through us helps keep dues low!

## TOURNAMENTS

Ray Arriola entered the MARRS Desert Open Tournament. He won 2<sup>nd</sup> place in kata and sparring, and 5<sup>th</sup> place in weapons. Great job!

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## WELCOME NEW STUDENTS

-Lizzie Garn  
-Sam Garn  
-William Speiser (Adults)



## DECEMBER BIRTHDAYS

12/2 Justice Solomon (Little Dragons)  
12/5 Sensei Michael Newland  
12/13 Doreen Aguirre (Adults)  
12/13 Sempai Rob Reimer  
12/30 Keith Kagen (Adults)

## STUDENTS OF THE MONTH

Congratulations to our December Students of the month: Reggie Ceus in the Beginning program and Michael Fultz in the Little Dragons Program. Keep up the awesome work!!

## RECENT PROMOTIONS

Congratulations to everyone who passed the test in November!

Kids who were promoted:

Isaac Vasquez earned his yellow-striped belt.

Richard Ceus, Reggie Ceus, Rashad Ceus, and Matthew Edwards earned their orange belts.

Jeff Veitch earned his green belt.

Chase Owens and Michaela Wooldridge earned their blue belts.

Jordan Siegel Earned his 3<sup>rd</sup> kyu brown belt.

Adults who were promoted:

Ashley Simmons earned her yellow-striped belt.

Keith Kagen earned his yellow belt.

Christine Simmons earned her orange belt.

Keep working hard!

Sensei Michael Newland  
Sempai Rob Reimer

## EAST VALLEY MARTIAL ARTS

3841 East Baseline Rd. – In World Gym  
Gilbert, AZ 85234 Gym Ph: (480) 926-4040

Cell: (480) 330-8886

Newsletter Editor: Janifer Tull-Cowan

Considering buying or selling a home or know someone who is? Michael and Deborah Newland are Gilbert/Mesa specialists and get awesome results for their clients. Please call with your needs and referrals:  
**(480) 390-1161 or (480) 688-5358**

Last month's question

### What are you most thankful for?

1) School, 2) Priya, 3) Daddy, 4) Mommy, 5) Home, 6) Bed, 7) Toys, 8) Playroom, 9) Grandma, 10) Karate. -Sheila Doane

1) My mom and dad and all that they do for me, 2) Grandmas and Papas, 3) Aunts and Uncles, 4) Cashmere (my Golden Retriever,) 5) Preston (my little brother,) 6) My cousins, 7) God, 8) My friends, 9) Great place to live, 10) My school and kindergarten teacher Mrs. Laura Giffen. -Coltin Lohman

1) Mom, 2) Dad, 3) My dog, 4) My Grandma and Grandpa, 5) God. 6) My school, 7) My friends, 8) Going to the gym, 9) Going to Karate, 10) To be able to read. -Chase Owens

1) My school, 2) My friends, 3) My church, 4) My mom, 5) My dad, 6) Zachary (brother), 7) Self (being alive,) 8) My homework, letters, 9) My cat, Sid, 10) Teachers/Grandparents. -Adam Schiferl

1) by helping us do our katas, 2) I'm thankful that I live in a house, 3) for the food I get, 4) helping one another, 5) God to brought me to this Earth, 6) Mr. Gauger, 7) Ms. Jenifer, 8) Sensei, 9) Sempai, 10) the people I love. -Theodore Simmons

1) Food to eat, 2) My mom and dad, 3) Trees, 4) My bed, 5) My dogs, 6) My home, 7) Earth, 8) The sun, 9) Karate, 10) Friends, 11) Family. -Griffin Tull-Gauger

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## DOJO CLASSIFIEDS

Looking for great gift ideas?? Contact Justine Christoff (adult *karateka* [karate student] and Gold Canyon Demonstrator) for brochure and pricing. 480-540-9289

Need some holiday help? David Edwards, assistant karate instructor, can help you get the job done. Whether it's tidying up the yard before holiday visitors come, getting your sprinkler system in shape, or putting up or taking down Christmas lights, David can help. Call David at 480-330-8886

## SIMBATT

### ASIAN GIFTS AND COLLECTIBLES

NE corner of Gilbert and Baseline in the Trader Joe's shopping center. 2136 E. Baseline Rd. Ste. 1. Mesa AZ (480) 545-9919 Mon. - Sat. 11am-7pm  
[www.simbatta.net](http://www.simbatta.net)

## DOJO ACHIEVERS

Loren Boyle (Little Dragons) earned Student of the month in his school.

Mr. Kirk Gauger took his personal training one step farther; he passed the Apex test for his second fitness certification.

Keep striving for excellence!

## QUESTION

Turn in by 12/27 to receive a ticket:

**WHAT IS YOUR NUMBER ONE  
GOAL FOR 2004?**

**NAME:**

