

The East Valley Kicker

“Win as if you were used to it, lose as if you enjoyed it for a change.” -Ralph Waldo Emerson

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

FEBRUARY 2012

Dress Code

From page 4 of the Student Handbook. A groin cup and supporter are part of the uniform for guys. Also:

CLEANLINESS: Your uniform and you should be clean, including the bottom of your feet. Please make sure fingernails and toenails are trimmed and filed regularly to prevent sharp edges that can injure you and your classmates.

ABSENCE OF JEWELRY: For your safety and others' safety, and to protect equipment: only band rings may be worn (nothing may stick out of the ring); earrings must be small so that they cannot catch on a finger; necklaces, bracelets, watches, anklets and other jewelry must be removed prior to class.

ADDENDUM - CLOTHES: You may wear a t-shirt or tank top under your gi top, but not a shirt with a collar or buttons. You may wear bicycle-type shorts under gi pants if you wish, but not long pants, and no shorts with grommets. With the exception of a t-shirt at the "V" of your gi top, clothes must not hang out or show under gi.

SPRING CAMP !!

Join our 5th Annual Spring Camp Friday March 2nd through Sunday March 4th! This special intensive training is for all ranks of martial artists, age 6 through adult. Allan Amor Kaicho of Missouri, founder and head of the United Ryukyu Kempo Alliance, will be here teaching throughout the camp. We anticipate several additional guest black belts including Michael Newland Renshi and guest kyu ranks as well. Many special seminars will be offered including Self Defense, Weapons, Empty-Hand Katas, Tuite, Padded Weapons Sparring, and MORE! A custom-designed dojo t-shirt is included in the camp fee, as well as meals from Saturday lunch through Sunday's potluck. The kids will enjoy a dojo sleepover (optional) on Saturday night.

We are looking for adult volunteers to supervise the sleepover. Help with set-up and clean-up is also needed. We are looking to borrow shade canopies, drink dispenser/coolers, CHAIRS and tables. Sign-up at the dojo.

Early Bird Discount when you register and pay by Wed. 2/15!

Welcome

- Catcher Seremak (Little Dragons)
- Alexis Gefroh (Little Dragons)
- Evan Gefroh (Little Dragons)

REFERRAL VALENTINES

It's a win-win-win! You pass out our special valentines, your referral gets a great start-up special. You get a free dojo t-shirt when they start. The dojo gets a new student. Be sure to take as many valentines as you want and add your name!



DOJO LIBRARY

We have a dojo library where our karate families can borrow mostly martial arts-related materials, including materials on learning Japanese, and personal safety. The library materials also include novels and non-fiction for kids and adults. The policy is you sign out a book on the nearby list, and bring it back within a month. If you lose it, we expect you to replace it or buy it.

DOJO FAMILY CONTACT INFO

We do not share your phone number, etc. with other dojo families. If you would like them to be able to contact you, please fill out a sheet in the black "Dojo Families" binder in the waiting area. If you already have, this is a good time to update it. Put whatever info you want to share (address, phone #, e-mail, photo, business card). This is also a great place to network your business.

PARENTS NIGHT OUT EVENT

This is a chance for parents to get a night out with their valentine, and for kids to hang out at the dojo for a fun event. On Friday, Feb. 17th, from 7pm until 10:30pm, kids of all ages are welcome to join us for a movie, pizza, video games and some fun, active games too! As long as your kids are potty trained, you are welcome to drop them off to join the fun!! Pricing is \$20 per kid by Thurs. 2/16, or \$25 per child after the 16th. Each additional family member gets an additional \$5 off per family member attending. Our current teen and adult students get a helper's discount and it is only \$10 for them to join in.

February 2012



SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>NEW Bo, Jo, or Bokken 10% off (order by 2/18, mention discount)</p>	<p>Black Belt Club We will continue to hold this special class, only for Black Belt Club members, on the 3rd Thursday of the month at 6:10pm. (Weapons will be cancelled on the 3rd</p>	1	2 T-G Shihan 9:10a. New weekday class schedule: Adults 9:30-10:20am, Yoga 10:30-11:30am	3	4	
5	6	7 T-G Shihan 9:30a.	8	9	10	11
12	13	14 T-G Shihan 9:30a. Regular classes will take place. <i>Valentines Day</i>	15 Early bird Deadline for SPRING CAMP pre-pay today & save!	16 BBC for members 6:10-7p. No Weapons class. Early bird discount for Parents Night Out	17 Parents Night Out 7-10:30pm, \$25 today (family member discount \$5).	18 Last day to place Century orders this month.
19	20 Regular classes will take place. <i>Presidents Day</i>	21 Last Day of Valentine's Special—tell your friends!	22	23 T-G Shihan 9:30a.	24	25 Only one class today, for all Kids & Adults at 9:10a. Certificate Ceremony & Test 10:10am*
26	27	28 T-G Shihan 9:30a.	29	<p>SPRING CAMP March 2nd (Fri.), 3rd (Sat.) & 4th (Sun.) regular classes cancelled.</p> <p>* = wear full formal gi.</p>		<p>Testing will take place the <u>last Saturday of each month</u>, except holidays. There will be no 10:10 or 11:10 classes then. All Ranks Adults & Kids may come at 9:10am and train separate from Black Belts.</p>