

The East Valley Kicker

“If it is not right, do not do it; if it is not true, do not say it.” —Marcus Aurelius

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

MARCH 2010

Welcome

- Brock Barton (Kids)
- Chandler Barton (Kids)
- Mandy Wilding (Little Dragons)

SPRING CAMP

HELP NEEDED We would greatly appreciate adult volunteers to help with the Spring Camp, especially around registration, start and end of the day (for set-up and clean-up), and meal times! We will have sign up sheets at the dojo, please let us know if you can help. This is a job especially fit for karate parents so the students can focus on participating in the camp.

NEED TO BORROW We are looking to borrow items to make the camp more comfortable: chairs, tables, shade canopies (ez ups), large drink cooler/dispensers, and ice chests. If you can loan any of these items, please let us know & thank you for helping!

SIGN UP Register early by March 12th to save money, and to secure your spot at our 3rd annual Spring Karate Camp. It includes three days of training, meals and a t-shirt!

CAMP OPPORTUNITY KNOCKS

by Jenifer Tull-Gauger Shihan, 4th Dan, and Kirk Gauger Shihan, 4th Dan

Those who have not attended camp before may wonder why all the hype about East Valley Martial Arts Kenshin Kan's 3rd annual Spring Karate Camp? It is a great opportunity that only comes to our area once a year. It is the chance to train for several hours a day for a whole weekend, and to learn from several black belts including Allan Amor Kaicho, the founder of the United Ryukyuu Kempo Alliance who operates from the headquarters in Oak Grove, Missouri.

Our camp is for martial artists of all ranks, adults, teens and kids ages 6 and up. Many different workshops are offered in the curriculum as well as bonus enrichment seminars.

Training takes place in and all around the dojo. Meals are included. All participants receive a special limited-edition camp t-shirt. It is a blast to meet new people and get to know other students better.

Other priceless benefits of Spring Camp include: Building camaraderie with fellow karateka; taking the opportunity to help host and provide hospitality to dojo guests (when your school hosts a camp); learning new moves *and* having a greater understanding and more in-depth look into Ryukyuu Kempo; learning from Kaicho and other people who have devoted their lives to martial arts; and coming together with other martial artists from mul-

tle backgrounds for a common purpose. All that and it is great exercise too!!

At this year's camp we have several junior black belts testing for higher multiple levels of junior black belt. Join us in supporting them in their unique journey as our whole dojo moves ahead together. Pick up your registration form at the dojo or download it from www.EVMA.net. Sign up by 3/12 to save!



HONESTY

It is good to keep an honest and sincere way because people will trust you more and respect you more. If someone lies a lot, then no one will pay attention to what they're say-

ing because they'll think that person is always lying. It is most important to be honest with yourself and whether the things you do are good for you and in line with your values. Hon-


esty is a two-way street. If you treat others with honesty, then you will be treated with respect. If you lie and steal, then you will lose much more than you had hoped to gain by it.

March WEAPON: Bo (for April: Nunchaku) - FOCUS: Dojo Kun #2 (honesty)

March 2010



SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Chase's Birthday	11	12 Early Reg- istration deadline for Spring Camp.	13
14	15	16	17 Gauger Shihan's Birthday	18	19	20 BBC 9:05am, Instruc- tors Meeting 9:55am
21	22 Joshua's B-day	23	24 Tull-Gauger Shihan's Birthday	25 Teen Meet- ing 5:50pm. Certificates & Testing* 6:35pm	26 Spring Camp begins 4p- ~8:30p, no regu- lar class	27 Spring Camp continues 7a-9p, no regular classes
28 Spring Camp continues 8a-12:30p (potluck)	29 Neubert Sensei's Birthday	30	31		NEW NUNCHAKU 10% OFF THIS MONTH	* = wear full formal gi.