

# The East Valley Kicker

“Most powerful is he who has himself in his own power.” -Seneca

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

## MARCH 2012

### Welcome

- Andrew Schneider (Little Dragons)
- Justice Turley (Kids)
- Major Turley (Little Dragons)

### RELOCATION PARTY

On Fri. Mar. 30, at 5:30pm, we will hold class for Kids and Adults. At 6:30pm, ALL students are invited to bring the whole family and a dish to share. We'll share good memories from our former dojo home. The plan is to start at the Baseline location, and finish the party by caravanning to the Horne location. In the midst of a move plans can change. We will keep you informed of any changes by e-mail. To get added to the list, send your e-mail address to [jenifer@evma.net](mailto:jenifer@evma.net).

### MAT FUND-RAISER

Take a piece of the dojo home & hang it on the wall! To raise money to purchase a new mat cover, we are selling pieces of the old tan mat cover, framed, with the *kanji*, (Japanese writing) “Karate do” (the way of Karate) written on them. Reserve an approximately 8 by 10” section of the mat for \$20, it may take up to 2 months to be ready.

## I LOVE LUCY & CHANGE

by Jenifer Tull-Gauger Shihan, 4th Dan

Growing up, I loved watching sit-coms on TV. I was in high school when I discovered the old black-and-white show / *Love Lucy*. Lucille Ball was a witty, loving, adventuresome and hilarious family woman. Her light-hearted comedy was just plain fun to watch.

*I Love Lucy* helped me learn about generations past. Although I loved Lucy, I didn't love all that I observed on her show. I noticed the old-fashioned attitude that men were better than women. I noticed that Lucy and her husband, role-models to children of the country, smoked openly on TV. I guess they didn't know then how bad smoking is for your health.

And yet there was still so much to love. How could you not love Lucy?

When I was still in high school, I heard on the news that Lucille Ball had passed away. This was the first celebrity death that really struck a note with me. I was truly saddened. Lucy would no longer shine her light-hearted glow upon the world. She would never again,

in person, spread happiness with her sense of humor.

But then I found out that Lucy's then-ex-husband, Desi Arnaz, died of lung cancer from smoking. I realized that, now that she was gone, Lucy also would not set an example of smoking. Times had already changed to more equality between the sexes. I realized that some of the old ideas of chauvinism would die with Lucy. Still grieving her passing, I also realized that death in general, like all change, allows room for better things.

And if change happens and it doesn't turn out to be a good thing, you can allow room for change again and maybe get a better result next time. This line of thought, spurred by Lucille Ball's passing, is how I realized that generally, change *is* good.

Gauger Shihan and I have been keeping our eye out for a long time for a place to move the dojo. When we started to seriously consider the local options, I became agitated. We have been in our current location for over seven years.

Just the prospect of moving our dojo's home base was daunting and scary for me. As we continued looking around, considering many locations, I reminded myself that change is good. I also reminded myself that (although I had become attached to our current location), a dojo really is made of *people*, not a building. (How I learned that lesson is another story for another day.)

Now we have found a better location, and plan to move at the end of the month. Now I do not feel overwhelmed by this change. I am very excited! We will have a bigger space, a room just for the mat area with higher ceilings, a nice entry-way, and a separate office. There's more, but I'm not going to tell it all here.

Our Baseline location has been a great dojo home, and we will pay tribute to that at our Relocation Party on Friday, March 30. Then it's our time for change. Come with me and the same great staff of caring and knowledgeable teachers at our new location less than 2 miles away at 1829 S. Horne, Ste. 8, Mesa, AZ 85204.



# March 2012

SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>NEW</b> <b>'Chucks</b> <b>10% off</b> (order by 3/17, mention discount)</p>	<p><b>Spring Break Classes</b> We will hold a condensed schedule of classes during Spring Break, resulting in most class times changing for the week of March 12th thru 17th. All karate classes for that week are listed here.</p>			1	2	3
4	5	6 T-G Shihan 9:30a.	7	8 T-G Shihan 9:30a.	9	10
11	12 <i>Spring Break condensed schedule here &gt;&gt;</i> >Kids & Adults 5:30-6:30pm.	13 T-G S: >Lil' Dragons, Kids & Adults 9:30a. Yoga 10:30a >Kids & Adults 6:30-7:30pm.	14 >Kids & Adults 6:30-7:30pm. (No Groundfighting)	15 T-G S: >Lil' Dragons, Kids & Adults 9:30a. Yoga 10:30a >Kids & Adults 6:30-7:30pm.	16 >Kids & Adults 6:30-7:30pm.	17 (no MMA) >BBC 9:10a (kanji, bring a notebook). >Kids & Adults 10:10am.>I Last day to place orders. <i>Gauger Shihan b-day</i>
18	19 Regular weekly Karate schedule resumes.	20	21	22 T-G Shihan 9:30a.	23	24 <i>Only one class today, for all Kids &amp; Adults at 9:10a. Cert. Ceremony &amp; Test 10:10a*.</i> <i>Justice's &amp; Tull-Gauger Shihan's birthday</i>
25	26	27 T-G Shihan 9:30a.	28	29 T-G Shihan 9:30a.	30 <i>Only one class today, for all Kids &amp; Adults at 5:30p. Relocation Party 6:30p (bring a dish to share)</i>	31 No classes today. Dojo moving day.

\* = wear full formal gi.