

# THE EAST VALLEY KICKER

“Your teacher can open the door, but you must enter it by yourself.” –Chinese proverb

## NOTES & TIDBITS

Dojo at the Park on May 3<sup>rd</sup> was lots of fun. Thank you to everyone who helped make it a success!!

The dojo will be closed Memorial Day weekend. If you can't make up your class (or classes) that week, feel free to make them up any time in May.

After Memorial Day, on Tuesday, May 27<sup>th</sup>, our summer Karate schedule starts. Changes are in our daytime classes, and we will have daytime classes for all kids during the summer on Monday, Wednesday and Friday.

Upcoming special events include Mom Karate Day, a Children's Day event on May 17; a Japanese Language Seminar and a Women's Self-Defense Class in June; The Wavemaster Summer Slam (back by popular demand) will be on Saturday July 12 from 3:00 to 4:30. This event is open to the public. The 1 ½ hour class is \$139 and you get to keep the heavy bag and bag gloves.



Michaela Wooldridge, April's Beginning Student of the Month

## STUDENTS OF THE MONTH

Congratulations to our May Students of the Month: Chase Owens in the Little Dragons program, Jeff Veitch in the beginning program and Dallin Hamel in the advanced program. Keep up the respect, perseverance and positive attitudes!

## RECENT PROMOTIONS

Congratulations to those who passed April's test!

In the Kids Program:

-Matthew Edwards, Cole Loftsgard, Samantha Page and Adam Schiferl (Little Dragons) earned their yellow stripe belts.

-Sara Rush and Jeff Veitch earned their yellow belts.

-Kyle Engel (Little Dragons) and Michaela Wooldridge earned their orange belts.

-J.W. Hancock (Little Dragons) earned his green belt.

-Kelsea Kaster earned her blue belt.

In the Adults Program:

-Doreen Aguirre earned her yellow stripe belt.

Everyone who tested last month, be sure to attend the Certificate Presentation Ceremony on Saturday, May 31 at 12:15 p.m. to receive a certificate for your new rank! Please wear your full white gi to this formal ceremony which will take place before the May test.

## MAY BIRTHDAYS

5/1 Kyle Engel (Little Dragons)

5/18 Nick Kandas

5/25 Kelsea Kaster

5/30 Charlie Estrada (Adults)

5/31 Brandon LaBorde (Adults)

## Happy Birthday!

## DOJO AT THE PARK

“If you learn indoor techniques, you will think narrowly and forget the true way.” -Miyamoto Musashi, Book of five rings. Many of us took our Karate techniques outdoors with us to Freestone Park on May 3<sup>rd</sup>. We had: a great class that ended with a jog around the lake, delicious food, water balloon games, nice weather, and a classic tug-of-war competition across a mud puddle. Check out the photo album for all the action shots.

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Sensei Michael Newland  
Sempai Rob Reimer

## EAST VALLEY MARTIAL ARTS

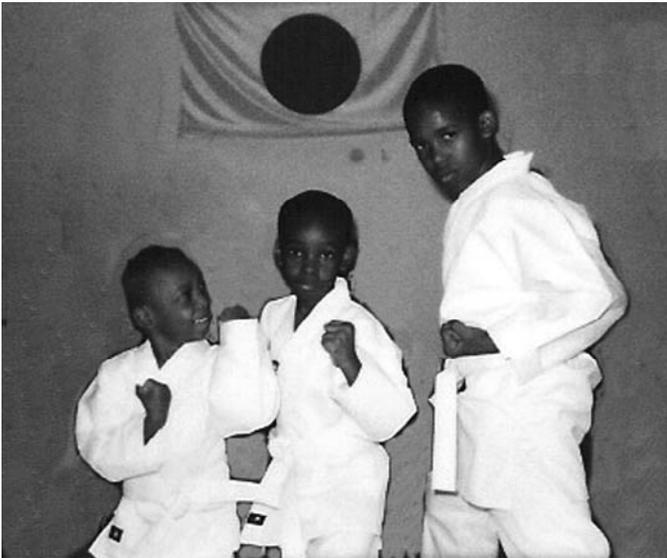
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## WELCOME NEW STUDENTS

- Richard Ceus, -Reggie Ceus, -Rashad Ceus
- Toren Craig, -Hunter Fuller
- Welcome, Andrew Greig, to Black Belt Club!



Rashad, Reggie and Richard Ceus

## MAY RETAIL SALES

This month's sales items are: Century Classic Sparring Gear - \$1 off (save \$3 on a full set,) White Waxwood Bos - \$4 off, and White Waxwood Escrimas - \$3 off (sold separately, save \$6 on a set.) Place your order by Tues. May 27 to receive special pricing.

## KARATE CAMP IN MISSOURI

The deadline to register for summer camp in Missouri is coming soon – May 17! Camp is open to all ranks. This year's Summer Camp in Oak Grove, Missouri (at Headquarters) will take place on June 6, 7 and 8.

For this \$185 investment, you receive meals and lodging for the weekend, as well as Karate clinics in both empty-hand and weapons katas, (taught by awesome black belts from all over the world, including our own Sensei Michael Newland.) Kids get to sleepover in the roomy Headquarters dojo, which is in Sensei Amor's backyard, surrounded by trees, with a creek running alongside it.

All who attended camp last year had a great time, and recommend it to all dojo mates. Check out the 2002 Summer Camp photo album on the Karate desk by the camp registration forms.

We need more people to join us on our road trip to Missouri for Summer Camp! Mr. Gauger, his wife, Ms. Jenifer Tull-Gauger, their son, Griffin, and their dojo mate David

are planning to take a road trip. We are leaving Thursday morning, June 5 and arriving back in Arizona on Monday, June 9. By sharing the cost of a rental car (van?) and gas, we'll spend less than buying plane tickets.



Hunter Fuller

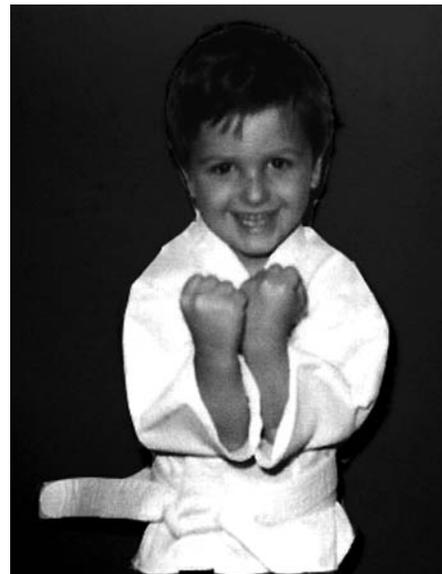
## CHILDREN'S DAY CELEBRATION

In Japan, at the beginning of May, people celebrate Children's Day. This is a day to appreciate kids, and wish them good health and prosperity. Our Dojo will celebrate Children's Day on Saturday, May 17, from 1:30 until 3:00.

We will make origami samurai helmets, to be worn for balloon kendo. This is a mock sword game, in which the swords are made of twisty balloons, and you get points for "striking" your opponent's targets.

To promote good health while learning about Japanese culture, we will have a snack of sticky rice while learning how to use chopsticks. You get to keep your own chopsticks and Asian-style bowl.

If you wish to attend the Children's Day Celebration, please sign up by Thursday, May 15. The admission price is \$10 for one person and \$5 for each additional family member.



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## SHOMEN NI REI

-Jennifer Tull-Gauger

You hear these Japanese words at the beginning and end of each class. Even the Little Dragons are starting to learn the words, but do you know what they mean?

*Shomen ni rei* means face the front and show respect. When these words are spoken, it is a request to show respect to your dojo and those Karate masters, both past and present, who have dedicated their lives to Karate. Bowing is the way respect is typically shown in the dojo. When we bow in Karate, whether it is to another person, to the dojo (when entering or leaving,) or to the *shomen*, it is a sign of respect and has nothing to do with religion.

The *shomen* is a special place in a dojo. *Shomen* is the side of the dojo where the head instructor stands or sits during class or testing. Our *shomen* is the east side of our dojo. Our Karate came from the east, from the land of the rising sun (Japan.) Having our *shomen* on the east helps us remember to pay respect, in every class, to the history of our Karate. ☺

## MAY QUESTION

Turn in by 5/27/03 to receive a ticket:

**What goal do you want to accomplish  
this summer? How can we help you  
achieve this goal?**

**NAME:**



Griffin Tull-Gauger, April's  
Advanced Student of the Month



Jadon Solomon, April's Little  
Dragon Student of the Month

## CONGRATULATIONS

Congratulations to Charlie Estrada (in the Adult Program) and his family on the birth of a new baby son!!

## BRING A MOM TO KARATE DAY

In honor of Mother's Day this year, we ask all of our students to bring a mom to Karate Class for some Karate fun. You can bring your mom, grandma, aunt, or any mom you respect. Ask her to wear comfortable workout clothes (no shoes) to join you during your regular class time. If you're in Little Dragons, bring a mom on Friday, May 9. If you're in the Kids or Adults Program, bring a mom on Saturday, May 10. Dad, your turn is coming next month!