

The East Valley Kicker

“Shikinoo chi shihii shiru kurasuru.– Let’s live helping each other in this world.” - Okinawan Proverb

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ, 85234. www.EVMA.net Dojo Phone: (480) 892-4240 Shihans' Cell Phone: (480) 330-8886

AUGUST 2007

Welcome to the Dojo Family:

- Max Baldi (kids)
- Olivia Baldi (kids)
- Julie Carr (adults)
- Glen Quizaman (adults)
- Marty Siemon (adults)

DOJO GRATITUDE

Special thanks go to Joe Schiessl for deep-cleaning the mat, to Mr. Will Speiser for teaching the Redman Adult seminar, and to Mr. Brian Tefft for the new red lettering. We appreciate you and all you do!

RAFFLE TICKETS FOR SALE

Due to the popularity of last month’s raffle, we are raffling off the last blue, medium-sized, used heavy-bag. Again, it is \$5 per ticket, and tickets can be purchased anytime this month. The winner will be drawn during the September 4th Parent Demo Raffle during the 6:00 class.

DEMONSTRATORS NEEDED

Calling all karate teens and karate kids, beginners, intermediate and advanced students! We need YOU to demonstrate at the next Parent Demo on Tuesday, Sept. 4th at 6 pm. Practice a kata (empty-hand or weapons) or complex, and show it off!!

Dojo Family Support

Martial Artit’s Topic of the Month, by Jenifer Tull-Gauger (Article modified from 1/02 Newsletter)

A Karate kid asked me, “What do you do if a bunch of people surrounds you and wants your money or something?”

Later that same day, another of you asked me, “What do you do if somebody kicks you?”

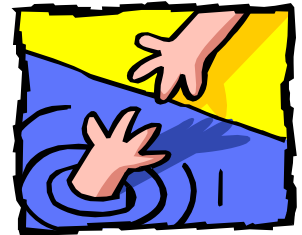
Thinking this was a “what if” question, I gave my standard answer, “Block.”

You said, “Oh, ‘cause that’s what happened in school,” and went off to do something else, leaving me somewhat stunned.

You two got me thinking about the world you’re growing up in. Unlike some people, I don’t say the world is worse than it used to be. Some things are worse than before but others are better, so I believe they balance out. Kids have always worried about bullies, and other kids have hit or kicked at school, but sometimes I think the world is worse today in many ways that affect you kids.

Many video games teach violence – fighting to the “death,” shooting, bombing. News about missing kids makes me wonder how many kid-nappers are out there. I worry about school safety after many school shootings. With recent events, many American kids worry about terrorist attacks. Many parents neglect to spend time with their kids, teach values, and give

support. It must be hard to be a kid these days.



WE’RE HERE FOR YOU!

I don’t have a simple solution to make the world a better place for you. Who does? But I think we, the Karate instructors, are doing what we can to help at the dojo. We spend our time teaching you - working with you and having fun with you - because you are important.

You are worth fighting for. What you do and how you do it makes a difference, and when you do your best, it really matters.

Every one of you is special and unique. Sometimes we may not seem to appreciate you for who you are because we’re caught up in teaching class or running the dojo. But we Karate teachers are here because we love you kids and you are important to us. We will do what we can to help you be prepared for the world.

This goes for you adult students too. In those times when you are down, or it seems like the world is stepping on your toes, get here to the dojo where we support your success in all areas. Get here regularly when life’s good too, because we can support you the best when we see you every week. ☺

Family Support at Home Takes Time

By Jenifer Tull-Gauger

“One thing I wish I’d done, which a lot of friends my age agree with is, I wish I had spent more time with you kids when you were kids. That time goes by fast,” my dad said on the phone a couple weeks ago. I’m not dwelling on the past with regret, but we can learn from the past.

We parents are often tied up with working and running a household, and

time with our kids often gets put on the back burner and neglected. Make time to spend time with your kids - parenting experts recommend at least a half hour a day when your attention is devoted to them, plus one family fun day a week where you do something as a family for a couple hours, plan it together and look forward to this time together. Write it on the calendar as a priority.

E.V.M.A. EVENTS

AUGUST 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Nunchaku is This month's weapon, bring your nunchaku to weapons classes.</p>	<p>Dojo Family Support is our Martial Artists' Topic of the Month.</p>		<p>1 Parent Demo, 6pm, dojo families encouraged to attend, Each Attendee gets a Free Raffle Ticket!</p>	2	3	<p>4</p> <p>Julie Carr's B-day</p>
5	6	7	8	9	10	<p>11 Lizzie Robillard-Brimhall Sensei's Farewell Potluck Party at dojo 12:15pm, you are invited.</p>
12	13	14	15	<p>16 Last Day to Pre-Register & Pre-Pay for Make-Up/Accelerator Camp for \$50.</p>	<p>17 Last Day to Place Century Orders for This Month.</p>	<p>18 Make-Up/Accelerator Camp for Kids & Adults 1 - 5:00pm, \$60 today, equals over 2 weeks training.</p>
19	20	21	<p>22 Stretching, Flexibility & Balance Class by Dr. Scott De La Fe, Free, Open to the Public, 7 - 8pm.</p>	<p>23 Black Belt Teacher's Meeting, 7:30 - 8:00pm.</p>	<p>24 Today's Adult Class (all ranks) joins the Kids at 5pm. BBC 6 - 7pm, guest: Newland Renshi</p>	<p>25 Today Only: Weapons 9am, All Ages & Ranks 10am, (no 11am class) Certs. & Test 11am, full gi.</p>
26	27	28	<p>29 Padded Weapons Sparring 6pm, counts as your weapons class this week.</p>	<p>30 Last Day to Pre-Register & Pre-Pay for Gladiator's Night for \$20.</p>	<p>31 Gladiator's Night, 7 - 10pm, \$25 today, includes snack & drink & Gladiator FUN!!</p>	<p>Dojo closed for Labor Day Weekend, Sept. 1 - 3. Fall schedule begins Tues. Sept. 4th. Parent Demo Tues 9/4, 6:00pm!</p>