



The East Valley Kicker

“Continuous effort - not strength or intelligence - is the key to unlocking our potential.” -Winston Churchill

1829 S. Horne Ave. Ste. 8, Mesa, AZ 85204 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

AUGUST 2013

Welcome

- Hannah Schneider (Little Dragons)

\$100 CASH for your REFERRALS

Get the word out! If you get five people to sign up for one of our regular karate programs (Little Dragons, Kids and/or Adults) after their Intro, we will give you \$100 CASH! They must sign up by the end of September, and list you as how they heard of us.

We had a karate mom who created a Little Dragons class by getting 10 of her son's classmates and friends to sign up. She took a few weeks, so go for it! \$100 for 5 students!

SUMMER RAFFLE

Prizes: Nunchaku, Ninja Stars, Chopstick/Bowl sets, Asian Candy, and more! Students may enter by sharing a current kata picture &/or acting on the Dojo Kun. See flyer for details.

Winners will be drawn at our End-of-Summer Dojo Swim Party (Sat. August 17, 4 to 8 pm.) You do not need to be present to win. You may want to be there to pick a prize!

FIRST TIME AT A DOJO

by Jenifer Tull-Gauger Renshi

I stepped in the door under the big block “KARATE” letters. A class was going on back in the big, blue-matted room. They were moving and making noise in this local karate school.

A lady introduced herself with a friendly smile. “My sons both do karate here,” she said. She told me about the Intro Program with 3 private lessons. She took my name and number for the teacher.

I was stepping out of my comfort zone into this new place called a dojo. I didn't know these people doing class or waiting on benches. But they seemed happy. I watched the class for a little while. It looked like fun. My husband and I could learn the moves.

When I left, I went to another nearby “KARATE” school. When I walked in, I was greeted by an instructor. He said they did taek-

wondo and I don't remember anything else he said because my husband and I were specifically looking for karate. I left pretty quickly.

My husband and I had talked about doing some kind of martial art for years. We had concluded that we wanted karate. This was mostly because of the idea of stopping/disabling an attack. It was March, 1999. My husband had said to find a place for us to try karate. My birthday present would be for us to try it together.

Michael, the karate teacher from the first place, called and we set up an appointment for me, my husband, and our young son. I remember that first lesson: filling out our applications, getting our white uniforms. My husband said they looked like pajamas.

Michael—Sensei taught us how to bow onto the mat. We

learned horse stance, high blocks, and punches. What I remember most was Sensei's positive attitude. He loved karate and now we did, too.

It was different for our pre-school-aged son. He was taught by a young lady black belt. She had him do fun stuff, but this was his first time in a formal class. He didn't like taking instructions from a teacher. He started karate later, when he really wanted to and knew more what it was.

We all have a different karate path. But all students and our instructors have one thing in common: we all have the magic day that we stepped out onto the dojo floor for the first time. On that day we all had clean karate slates and courage (which for some of us was hard to find). The decision to start karate put us each on a path to a better life.



August 2013

SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>NEW Sai, Tan Bo 10% OFF in August By placing a Century order.</p>	 <p>Certificate Ceremony & Testing takes place the last Saturday of each month, except holidays. There will be no 10:10am or 11:10am classes then; All Ranks class at 9:10am test days.</p>			1	2	3
4	5	6	7	8	9	10 Instructor & Helper Training 9:10am (class communication).
11	12	13	14	15	16 No 7:10 Adults today. Black Belt Club, for BBC members, 7:10p (weapon disarming)	17 End-of-Summer Dojo Swim Party, Potluck & Summer Raffle Drawing 4-8pm.
18	19	20	21	22	23	24 Last day to place Century orders this month.
25	26	27	28	29	30	31 Certificates & Testing 10:10am* (Class at 9:10 today)

* = Wear full formal gi (uniform).