



# The East Valley Kicker

“Men are respectable only as they respect.” -Ralph Waldo Emerson

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## SEPTEMBER 2013 Welcome

- Calvin Forsgren (Kids)

## Welcome Back

- Michael Bleck (Little Dragons)
- Julie Lierz (Adults)
- Mike Lierz (Adults)

## Used Gear Sale

For one week this month we are holding our annual Used Gear Sale.

It starts Saturday, Sept. 23rd, at 10:00am, and ends Saturday, Sept. 28th at 12:00noon.

We will have great deals on used uniforms, dojo t-shirts, sparring gear, weapons, etc.

If you have old gear that needs a new home, please donate it to the dojo in the next couple of weeks. All proceeds will go to a good cause (they will help pay our summer A/C bills)! Many thanks go to everyone who has donated, and will donate!!



## ABC's & 123's OF ONLINE SAVVY

Jenifer Tull-Gauger Renshi, 5th Dan

E-mail and online networking sites make it quick and easy to communicate, keep up with friends and get to know new acquaintances. My use of such things is limited and my knowledge is basic. However, I always have an eye out and an ear open toward improving respect and safety in our lives. Here are some things I have learned.

### E-MAIL ETTIQUETTE

- 1) Send one e-mail per topic or subject.
- 2) Use the subject line to tell the main idea of the e-mail.
- 4) DO NOT USE ALL CAPS LIKE I AM HERE. THIS IS LIKE I AM YELLING AT YOU!
- 5) If you are writing about a potentially touchy or emotionally-charged subject, create a draft first. Set it aside for a while. Re-read the draft while trying to put yourself in the receiver's point of view. Consider changing the draft to better reflect your experienced integrity and compassionate world view.

6) Avoid sarcasm, as well as playfully making fun of people (unless you are rarely and highly skilled with the written word). The only person I know who can consistently do this without confusing or of-

fending others is Sempai.

7) Try to keep it short and to-the-point.

8) When used for business, it is professional to respond to e-mails within 24 hours, or one business day. If you need more time, send an acknowledgement that you received the message and that you will respond as soon as you are able. (BTW for dojo business, my goal is to do the above with the exception of weekends.)

### ONLINE GENERALLY

A) Items number 4, 6 and 7 from above apply to chats and online communication.

B) Do not post things that you would not want your grandmother or a future potential employer to see. You may think you are anonymous, or that only a few select people will see it, but that thin curtain is removable.

C) About meeting people you got in contact with online:

KIDS: Do not do this! Exception: you are with an informed and savvy parent AND it is in a public place.

ADULTS: Do so in a public place and tell someone else what you are doing. If that is not practical, have a friend with you and be wary.

D) Do not assume that anyone you get in contact with online is who they say they are.

E) On money: Do not wire money in online dealings. Many money orders are counterfeit.

### TO KEEP IN MIND WHEN SOCIAL NETWORKING

1) Identity thieves only need full name, birth date and address to get their start.

2) Women: you may not want your maiden name easily accessible online. If it is, instruct your children to use another name or word for security password purposes.

3) Photos: Any digital photo (taken with a digital camera, phone, etc.) posted online (or on a computer) has easily accessible properties embedded in it, including the date, time, and place the picture was taken. People who can see the picture can access it.

4) Everything you do on Facebook is stored indefinitely, forever (or for as long as they possibly can).

5) Facebook uses modern facial recognition software.

6) Don't hesitate to unfriend negative people. You can tell them I made you do it!

# September 2013



SHIHANS' CELL: (480) 330-8886

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No Classes.  <i>Labor Day</i>	3	4	5	6	7
8  <i>Grandparents Day</i>	9 Black Belt Club for members 7:10 to 8pm. Bring sparring gear and ideas for future BBC's.	10	11	12	13	14
15	16	17	18	19	20	21 Last day to place Century orders. Used Gear Sale Starts 10am. Teen Movie in the evening (TBD).
22	23 Used Gear Sale continues (cash or check only).	24 Used Gear Sale continues.	25 Used Gear Sale continues.	26 Used Gear Sale continues.	27 Used Gear Sale continues.	28 Class for All Ranks at 9:10am. Certs. & Test* 10:10a. Used Gear Sale ends 12n.
29	30	PROFES-SIONAL KA-RATE PIC-TURES TAKEN AT THE DOJO SOON! DAY & TIME T.B.D.	<b>Certificate Ceremony &amp; Testing</b> takes place the last Saturday of each month, except holidays. There will be no 10:10am or 11:10am classes then; All Ranks are welcome to come to class at 9:10am on test days and train separate from Black Belts.			NEW <b>Bo's &amp; Single sticks</b> <b>10% off</b> order by Sat. 9/21, or choose in-stock

\* = Wear full formal gi / uniform.