

The East Valley Kicker

“Where is there dignity unless there is honesty?” –Cicero (106 BC - 43 BC)

2401 E. Baseline Rd. Ste. 98, Gilbert, AZ 85234 www.EVMA.net Dojo Ph: (480) 892-4240, Shihans' Cell: (480) 330-8886

OCTOBER 2009

Welcome

- Ernie Chounard (Lil' Dragons)
- Nathan Finn (Adults)
- Tyler Hunt (Kids)
- Brian Warnke (Adults)

SEEKING VOLUNTEERS!

HELP PROMOTE THE DOJO

At a dojo booth: represent the dojo, answer questions, and sign people up for our free upcoming Karate for Success class for all ages. Dates: -SATURDAY, OCT. 3RD, take a shift between 2 and 8pm, in our booth at the Phoenix Zoo -SATURDAY, OCT. 24TH, times to be announced at Aqua Tots' Fall Festival in Mesa. Possible demos too.

HELP RAISE FUNDS

EARLY NOVEMBER, our Okinawan Field Trip Fundraising Committee is thinking about having a Rummage Sale. We are aiming for a Saturday in the beginning of November, and need adult/family help with: donations, set-up, pricing, selling, attending a dunk tank, attending a bake sale table, and clean-up. Please let Jenifer Tull-Gauger Shihan know if you can help!

PARENTS: THE BLUNT & HONEST TRUTH

A rant by Gauger Shihan

I remember a particular day when, as a young child, I argued and put up heavy resistance to brushing my teeth. My dad didn't argue; he said it had to be done, pinned me down with his knee and got the job done.

Look parents, here's the deal. You're the parents, so parent. Parents regularly complain to me about their kids arguing about going to class. As parents, you will have arguments with your kids. Your job is to lay down the rules and reinforce them whether kids like it or not. If you are tired of arguing with your children, then don't argue with them. But avoiding class won't stop the arguing. In fact, when a kid sees they were able to argue and get their way, they will argue even more.

Discipline comes from the home. If you want to help your kids learn about perseverance and self-discipline, you have to take an active part and reinforce these character traits at home. If you see value in our program, (which you obviously do or you would not have enrolled your children) then it is up to you to support your kids to have them continually train here.

At some point in time, all kids will say they don't want to go to class because they are playing a video game, or they have a friend over, or they're just tired. You don't have to argue with them, just tell them the way it is, and tell them they are going to class. We both know it is for their own good. You don't stop making sure kids brush their teeth just to avoid arguing with them.

Here's the good news: Tull-Gauger Shihan and I have seen such excellent results from our dojo's traditional karate training that we have worked hard to make this program available to you and your children. We are here to back you up in molding your kids to be the best they can be in the long run. If you want them to have perseverance and discipline, this is probably the best setting for them to learn it. But you must reinforce it, and you must get them to class regularly.

We support your kids and we support everything they do, and we appreciate *your* support of us and everything we do. If you need help or ideas, please let us know. We are happy to work as a team with you.

EXCLUSIVE MMA PROGRAM

FOR ADULTS AND TEENS ONLY
**START UP SPECIALS END OCT 31,
GET SIGNED UP TODAY AND SAVE!!**

KARATE

MEGA-INTRO PROGRAM
for new students only: kids,
teens & adults. \$95 for six
weeks, includes uniform
and registration fee. Exp. 10/31

October 2009



KENSHIN KAN EVENTS

SHIHANS' CELL: (480) 330-8886

Sun

Mon

Tue

Wed

Thu

Fri

Sat



This month's WEAPON: Bo
FOCUS: Dojo Kun #2

CALL **RINO D's** for pizza & wings!
Mon. 10/5: **(480) 545-2700**
(at Gilbert & Baseline, delivery min. \$12)

1 Cartridge
World Fundraiser
all month! Buy
ink there & put
your receipt in
our box there.

2 Newland Ren-
shi & Brooks
Shihan visit
6:10pm.

3 Black Belt
Competition
11:20a, join us,
the audience
votes! Hot dogs
& chips for sale.

4

5 Rino D's
Fundraiser—eat
their Italian food
tonight & help
send a kid to
Okinawa!!!

6

7

8 Okinawan
Field Trip Fund-
raising Commit-
tee meeting
5:30pm.

9

10 NEW: Sat-
urday Yoga
classes at 1-2pm

11

12 No Yoga,
other classes at
regular times.

Columbus Day

13 Fall Break:
Kids may join
9:10a class. All
Ages at 5:35p,
MMA at 6:30
(no 7:40p class today)

14 Fall Break
Schedule: No
Yoga, Kids &
Adults at 6:10p,
MMA at 7:10p
(no 5:10p class today)

15 Fall Break:
Kids may join
9:10a class.
Regular Classes
Resume. Last
day to place orders

16 Fall Break:
Regular Classes
continue

17

18

19

20

21 BBC 7:10p

22

23 Certs &
Test 7:10pm,
wear full white
uniform

24 Teachers'
Meeting 9:55a-
11:15a. Dojo
booth @ Fall
Fest.

25

26

27

28

29 Teen Meet-
ing 6:35p (bring
your civil side)

30

31 Dojo Hal-
loween Party
2:30p-4:30pm,
free, healthy
snacks needed.

Note: See copy at the dojo for October birthdays.