



The East Valley Kicker

“Continuous effort - not strength or intelligence - is the key to unlocking our potential.” — Winston S. Churchill

1829 S. Horne Ave. Ste. 8, Mesa, AZ 85204 www.EVMA.net Dojo Ph: (480) 892-4240, Renshi’s Cell: (480) 330-8886

OCTOBER 2018

BATTLE OF BELTS PIZZA PARTY

All dojo students are invited to the pizza party to recognize our Battle of the Belts winning team, our yellow-striped belts. Our guests of honor will select their favorite pizza to share and they may also invite guests to their party.

We are looking forward to dinner, music, and some active games including, of course, dodgeball!

We hope all of our students and instructors will join the fun:

**DOJO PIZZA PARTY
FOR: DOJO STUDENTS
FRIDAY, OCT. 19TH
6:35PM—8:30PM
FREE**

The East Valley Kicker is provided courtesy of East Valley Martial Arts—Kenshin Kan

Head Instructors:
Kirk Gauger,
Renshi, 6th Dan &
Jenifer Tull-Gauger,
Renshi, 6th Dan

5 WAYS KARATE PARENTS CAN SHINE

By Jenifer Tull-Gauger

Karate parents are an essential part of the team for any good dojo. One thing parents can do that will help their karate kid and ensure the success of the program is to get involved at the dojo. You don’t have to train as a formal student (though that would be awesome!). You can do many other things, as your schedule allows, which will result in supporting your child’s training. Here are the top five ways karate parents can lend a hand:

1) RULE GURU

At the very least, you can read up on the dojo rules and etiquette and reinforce them with your kids.

2) KARATE ENFORCER

Additionally, you can listen to the Sensei’s messages in classes and

discuss and apply them at home.

3) SOUJI SAMURAI

Another helpful and appreciated task is helping clean the dojo (that is, any traditional dojo like ours without a janitor). Leading your karate kid as you help tidy up the training area together is a lesson that will help them in life.

4) COMMUNICATION COUNCILER

It’s always a great idea to read the dojo newsletter, emails, and other letters and flyers, and discuss content with your children. We do our best to communicate openly so you can stay abreast of important happenings.

5) NEWBY INITIATOR

Another small thing that goes a long way is being present as a positive in-

fluence for new parents who want to get involved at their children’s new dojo.

Karate parents can do many things to help their young martial artists. Knowledge is power and we karate parents can always improve our ability to help our kids in karate. Dojo involvement is a great tool for us to help our children get the most out of martial arts and grow into their best selves.

REFERRALS & REVIEWS

The biggest compliment you can give the dojo is your referral to your family and friends.

Please also refer us to other potential students by giving us a review online. East Valley Martial Arts is on most major website listings.

Thank you!!

OCT. WEAPON: *Nunchaku*,
Chizi Kun Bo
 (Nov.: sai, tonfa)
 FOCUS: *Perseverance*



October 2018

RENSHI'S CELL: (480) 330-8886

NEW Sai or Tonfa
10% off

In-stock or order by Sat. 10/20

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Black Belt Club for BBC members 7:30 pm. (No 7:30 pm Adults)	11	12 Dojo Closed, No Classes. Dojo Fall Break.	13 Dojo Closed, No Classes. Dojo Fall Break.
14	15	16	17	18	19 Dojo Pizza Party 6:35pm—8:30 pm, free, please RSVP.	20 Core Leadership Meeting 10:10 am. Last day to place Century orders.
21	22	23	24	25	26 Goal Setting for all Kids & Adults students 7:30pm—8:15pm, free workshop.	27 Certificate Ceremony* & Test* 10:10 am.
28	29	30	31 Halloween Party 4:00—5:30 pm, free. (No classes today.)		Certificate Ceremony & Testing takes place the last Saturday of the month, except holidays. Saturday class is at 9:10am, when kyu ranks train separate from black belts.	

* = Wear full formal gi / uniform.