

THE EAST VALLEY KICKER

“A little Consideration, a little Thought for Others, makes all the difference.” -A. A. Milne

NOTES & TIDBITS

November is dojo appreciation month. We would like to take the time to tell you, our dojo family, that we appreciate each and every one of you. We are all busy and we don't always get the chance to let you know how much we appreciate your support, your hard work, your respect and your help. This goes for all students, young and old, and for their families. We are having a Dojo Appreciation Picnic on November 15. A special all ages, all ranks class will take place that day at 10:45 until 11:30 for Kids, Adults and Little Dragons. The picnic will be from noon to 3:00 at Riparian Preserve Park at Greenfield and Guadalupe. It will be a potluck for Karate students and their families, and a time to relax and enjoy each other's company before the holiday hubbub begins. (see pg. 3)

There will be no classes on November 27, 28 or 29. Spend some time with your family and have a happy and safe Thanksgiving break. Please try to make up your class or classes from those days any time this month.

November 24 is Karate Retail Day! We will have some special times you can come in and get some Holiday shopping done without going to the store, and save money on Karate stuff! (see pg. 4)

STUDENTS OF THE MONTH

This month, all of our students are students of the month, including our adult students and instructors. Also, all the parents of our younger students are Dojo Parents of the Month this month.

INSIDE THIS ISSUE

Question of the Month <i>Most Thankful</i>	page 2
Dojo Acheivers.....	page 2
Karate Student Checklist.....	page 3
Dojo Kun.....	page 3
Dojo Appreciation Picnic 11/15.....	page 3
Karate Retail Sale Day.....	page 4

WELCOME NEW STUDENTS

-Chase Fairrington (Little Dragons)
-Pat Hall (Adults)
-Marissa Lollie (Kids)
-Agnes Osborne (Adults)
Welcome to all of our Val Vista Lakes Little Dragons:
-Matthew Ambagis
-Austin Evans
-Michael Fultz
-Macy Johnson
-Coltin Lohman
-Nick Osborne
-Chandler Randall
-Garrett Sebastian
-Trevor Smith
-Cole Woods



RECENT PROMOTIONS

Congratulations to everyone who was recently promoted:

Kids who passed the test include:

Loren Boyle (L.D.), Beilee Kagen (L.D.), and Ally Wall (L.D.) earned their yellow-striped belts.

Jake Hall and Matthew McCulley (L.D.) earned their yellow belts.

Chandler Timmick earned his orange belt.

Andrew Greig earned his purple belt.

In the adult program:

Luz Alcantara and Rodolfo Alcantara earned their orange belts.

Charlie Estrada earned his 3rd kyu brown belt.

Sensei Michael Newland

Sempai Rob Reimer

EAST VALLEY MARTIAL ARTS

3841 East Baseline Rd. – In World Gym
Gilbert, AZ 85234
Cell: (480) 330-8886, Gym: (480) 926-4040

Newsletter Editor: Jenifer Tull-Gauger

NOVEMBER 2003

Considering buying or selling a home or know someone who is? Michael and Deborah Newland are Gilbert/Mesa specialists and get awesome results for their clients. Please call with your needs and referrals:
(480) 390-1161 or (480) 688-5358

SIMBATTA

ASIAN GIFTS AND COLLECTIBLES

Check out our unique Asian items

– fans, chopsticks, jewelry boxes, accessories, wooden swords and more.

We are located on the NE corner of Gilbert and Baseline in the Trader Joe's shopping center.

2136 E. Baseline Rd. Ste. 1. Mesa AZ (480)

545-9919 Mon.- Sat. 11am-7pm

www.simbatta.net

NOVEMBER'S BIRTHDAYS

11/5 – Sheila Doane

11/11 – Daniel Hines

11/16 – Matt Barr

11/26 – Griffin Tull-Gauger

HAPPY BIRTHDAY!!

DOJO ACHIEVERS

Dallin Hamel showed us an awesome report card, which makes him an academic achiever. Keep it up, Dallin!

Be sure to show us your report cards if they have great grades, or grades that show a lot of improvement.

Last month's question

One person got a ticket for turning in an answer to last month's question:

Why is sparring important in Karate? How does it help you?

“Sparring is important because you learn to defend yourself when you need to.” –Griffin Tull-Gauger

THE HOLIDAYS ARE COMING – GIVE YOURSELF THE BEST GIFT, A FIT AND HEALTHY BODY.

KIRK GAUGER, CERTIFIED PERSONAL TRAINER, CAN HELP. GET TWO FREE SESSIONS, AND TAKE ADVANTAGE OF THE HOLIDAY SPECIAL.

CALL TODAY!

CELL: (480) 330-8886 OR

GYM: (480) 926-4040

NOVEMBER QUESTION

ALL STUDENTS! This is for you! Turn in by 11/24 to receive a ticket:

What are you most thankful for?

1.)

2.)

3.)

4.)

5.)

6.)

7.)

8.)

9.)

10.)

NAME:

NEED A HANDYMAN?

David Edwards is looking for work to make some extra money. He has experience with all kinds of yard work, sprinkler repair and general handyman jobs. Contact David at the dojo: (480) 330-8886

KARATE STUDENT CHECKLIST

Don't just come; come prepared! Here is a list of things students need to be prepared for Karate class:

- Karate uniform pants (*gi* pants)
- Karate uniform top (*gi* top) or Karate tee-shirt (with sleeves, tucked in)
- Belt (*obi*)
- Mouthpiece
- Groin cup & supporter (for males)
- Sparring gear (We sell sparring gear & the proceeds help keep tuitions down. It's currently on sale - the best sale of the year! Check with your instructor if you need gear.)
- Watch and jewelry off
- No gum in your mouth
- Positive attitude

And please, please, *please* try to be on time!

DOJO KUN

1- STRIVE FOR A GOOD MORAL CHARACTER.

2- KEEP AN HONEST AND SINCERE WAY.

3- CULTIVATE PERSEVERANCE OR A WILL FOR STRIVING.

4- DEVELOP A RESPECTFUL ATTITUDE.

5- RESTRAIN MY PHYSICAL ABILITIES THROUGH SPIRITUAL ATTAINMENT.

DOJO APPRECIATION PICNIC

On Saturday, November 15, Little Dragons, Kids and Adults classes will all take place at the dojo at 10:45.

After this special class, our Dojo Appreciation Picnic will be at 12:00 noon.

WHERE: Riparian Preserve Park, east of the Library on the southeast corner of Greenfield and Guadalupe.

WHO: It is for all of our students and their families.

WHAT: Food, games, and good company.

Bring a dish to pass (see sign-up sheet.) We have reserved Dragonfly Ramada with four tables. You may want to bring your own chairs or blankets to sit/lounge on.

DRIVING DIRECTIONS: From World Gym, go East on Baseline. Turn right (south) on Greenfield Rd. Turn left (east) on Guadalupe Rd. Pass the library parking lot, and turn right into the next driveway (sign is a large rock that says 'Riparian Preserve.') Park and walk to the Ramada behind the bathroom building (near the east end of the parking lot.)

(map goes here)

PRIVATE LESSON SPECIAL

Buy three private lessons (\$15 for a half-hour,) get one free! A great holiday gift!

KARATE RETAIL SALE DAY

Monday, November 24, 2003

Stop by the Karate desk in the morning **between 10:00 a.m. & noon,**
or in the evening **between 5:00 & 7:00 p.m.**

Do your holiday shopping without going to the store! Save money on Karate Retail!

There will be sales on in-stock items.

Also, get some great savings on orders in the Century catalogue. Prices do not include sales tax.

Student elastic waist pants (0362)

Size 000: \$10.99

Sizes 00 – 1: \$11.99

Sizes 2 – 7: \$12.99

Complete student elastic waist uniforms (0462)

Size 000: \$16.99

Size 00: \$18.99

Size 0: \$19.99

Size 1: \$21.99

Sizes 2 – 3: \$23.99

Sizes 4 – 5: \$25.99

Size 6: \$27.99

Size 7: \$29.99

Heavyweight Pants and Gi Tops, all \$2 off.

Century T-Shirts, all \$3 off

Black Belt Buddies 7" Plush Toys (13501) \$8.99

Karate Picture Frames, Ornaments (13414,) Magnet Sets (13416,) Wind Chimes (13244) and Bobbing Head Dolls (13510) – all \$2 off

Belt Displays, all \$4 off.

Aquacordz Watch Bracelets (13240,) \$3 off.

Freestanding Heavybags, all 5% to 15% off.

COMBO DEALS

Sparring Gear Combo: Classic Headgear, Gloves, Hi-Top Boots, Mesh Tote Bag, Mouthpiece and Mouthpiece Carrying Case, \$84.99

Target and Blocker Combo: Two Century Square Hand Targets, Body Shield, Two Blockers and a Connector, \$97.99

Wavemaster Combo: Regular Wavemaster (red,) Wavemaster Bag Gloves (red,) Jump Rope (black,) and Two Hand Targets (red) \$114.99

Lil' Dragon Combo: Lil' Dragon Wavemaster, Lil' Dragon Blocker, and Lil' Dragon Hand Target \$94.99

Kid Kick Combo: Kid Kick Wavemaster, Kid Kick Blocker, and Kid Kick Body Shield \$94.99